

INFUSIO's Unique Intercultural Retreat

30. May - 3. June 2018 / Firenze, Italia

Get Out-of-the-Box & Meet your Heart



INFORMATION
&
REGISTRATION:

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INFUSIO's Unique Retreat is for High Achievers in daily life (Teachers, Managers, Parents.....), Crisis and Trauma related Professions (Doctors, Nurses, Psychologists, Social Pedagogic Staff, ...), and everyone who has a desire to 'Get-out-of-the-Box' by slowing down and becoming the best version of yourself.

Get in touch with Self through Mindfulness

Understand the make-up of the whole person

Recognise toxic people and systems

Ways to express – because impression needs expression
(movement/dance/music, touch and more)

During mornings we will explore our retreat topics, in the evenings I offer guided activities to practice expression in a safe and relaxed atmosphere. The Intercultural Retreat includes three vegetarian meals per day, accommodation in a double room, and the full retreat program. Register before 24th February and get the Early Bird price: 580 Euro. After 28.Feb. 650 Euro. We will be a small group – Register soon, secure your unique spot and meet your heart !